

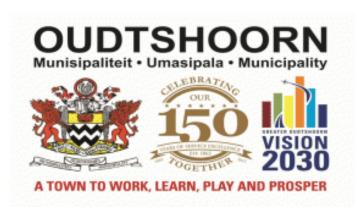


Technical Guide

Presented by Cycling South Africa and EDEN Cycling Association













WELCOME MESSAGE FROM EDEN CYCLING ASSOCIATION PRESIDENT

On behalf of Eden Cycling Association, I would like to extend a warm welcome to all of the riders, spectators, managers and officials attending our Event.

Without dedication, commitment and sacrifice, this event would certainly not have been possible. I would also like to thank our sponsors and other supporters within the community and cycling industry at large – without your much-needed dedication, support and input this event would certainly not be as success.

We are fortunate to be able to host this event with the current Covid restrictions and challenges that it creates. We are making a huge effort to comply with all the regulations and make it as easy as possible for everyone to participate with the minimum disruption.

Wishing you all the best for this weekend's racing! May the wind always be at your backs and may you soar to new heights of achievement and excellence! Safe cycling and may the best riders win!

Corné Bélique.

Président: Western Cape Cycling Association



Format

Just to reiterate the objectives of the Youth Events:

- 1. To create an opportunity for all riders up to U19 riders to participate on a regular basis against other riders in the country with similar abilities not as individuals, but as a team. *The emphasis is on team and Region, not on the individual!*
- 2. To assist the Regions with their development and transformation goals.
- 3. To create venues for the younger age groups to show and develop their potential as they are no longer participating in the annual South-African Championships.
- 4. As the emphasis is on team and mass participation, all events will be structured in such a way that points will be awarded to every participant.

•	Saturday 18 September	06:00-13:00	Registration
		08:00	Individual Time Trial
		13:00	Managers Meeting
		14:00	Road Race
•	Sunday 19 September	08:00	MTB XCM

Rules

The event will take place according to UCI and Cycling SA rules and regulations. The Chief Commissaire appointed will make the final decision on any disputes.

Race rules for youth event.

The points system for these competitions works as follows:

- 1. The Road and MTB cycling events will be scored the same.
- 2. Points will be earned for the team, based on position.
- 3. All riders will contribute their points to their respective region for the Regional competition regardless of where they competed in the Team-Competition. The best team will be determined at the end of the competition by calculating the team with the most points. If the team competition comes to a draw the final positions will be determined by a count back on the following basis:
 - a) Team with the most Gold medals
 - b) Team with the most Silver medals
 - c) Team with the most Bronze medals
 - d) Team with the best average time for the riders taking part in the road race.
- 4. The Region with the most points in all disciplines will win the overall competition. If the Regional Competition ends in a draw, the final positions will be determined by a count back on the following basis:
 - a) Region with the biggest number of participants.
 - b) Region with the biggest number of riders with disabilities.
 - c) Region with the biggest number of female riders.
 - d) Region with the biggest number of PDI riders.
- 5. The best individual rider per age category, male and female will be determined by the rider with the most points. If the points are a draw final positions will be determined by a count back on the following basis:
 - a) Individual with the most Gold medals during the competition
 - b) Individual with the most Silver medals during the competition
 - c) Individual with the most Bronze medals during the competition
 - d) The rider with the least time for all events that are timed events during the competition excluding the team TT.
- 6. Points will be awarded as such:

Position

- 1-6:
- a. 1 = 10
- b. 2 = 8
- c. 3 = 6
- d. 4 = 4
- e. 5 = 2
- f. 6= 1

All positions after this will earn 1 point.

- 7. Riders older than U19 years will be allowed to participate in the event on condition that he/she is still attending school and provide proof thereof, by means of a valid CEMIS Certificate or declaration from his/her current school / principal. This rider will be on the results sheet but will not be eligible to receive a podium position.
- 8. The riders participating must be an RSA citizens.
- 9. In the Road races MTB's will be permitted to participate.
- 10. The race organizer is at liberty to change or alter the routes as to ensure the safety of the riders.
- 11. No specialized equipment is allowed for the age groups U11 to U15.
- 12. No spectator cars will be allowed to drive up and down the TT route road. For the U/11and U/13 riders exemptions would be considered with the permission and arranged with the race Commisaire.
- 13. Rules and seclude may be changed or adapted to conform to coved regulations.

Distances and time duration might vary slightly depending on road availability and safety!

Event Staff

Race Director Corne Bence Registration Eden Cycling

Race Organiser Jakhals Events Corne Botha

Safety Officer William de Bruin Covid 19 Officer William de Bruin Results Louis Visser

MTB XCM

Chief Comm Heinrich Gryffenberg Covid Control Gate Kerrighan Aries Covid Control Gate Keeran Aries

Starter/Laps Declon Aries/John Symons

Corners Denis Human
Corners Sammy Hardine
Corners Harry Unthank
Timekeeper/Judge Elka van Rooyen

Timekeeper/Judge Lee Aries
Timekeeper/Judge Karin Bence
Timekeeper/Judge Naaim Ismael

ROAD RACES

Chief Comm Heinrich Gryffenberg

Covid Control Gate
Covid Control Gate
Rider Control/Roll In
Starter
Timekeeper/Judge
Kerrigan Aries
Keeran Aries
Declon Aries
John Symons
Elka van Rooyen

Timekeeper/Judge Lee Aries
Timekeeper/Judge Naaim Ismael
U11B&G/U13G Karin Bence
U13B/U15G Sammy Hardine

U15B/U17G Denis Human/Harry Unthank
Jnr Men Denis Human/Harry Unthank
U17B/Jnr L Sammy Hardine/Karin Bence

Medical Contact Information

Oudtshoorn Medi-Clinic

Physical Address
185 Church Street, Oudtshoorn, 6620
24 Hour Emergency Centre
GPS Co-ordinates
33° 35' 11.94" S
22° 11' 7.28" E
Tel no 044 272 0111

CSA Youth Festival, Oudtshoorn 2021

Oudtshoorn Hospital, Park Road, Oudtshoorn, Tel Nr 044 203 7200

Event Medics: To be appointed

Event 1 Saturday:18 September 2021 Individual Time Trial

Start and Finish at Higate Ostrich Show Farm GPS: South 33° 39' 28" East 22° 8' 9"

CATEGORY DISTANCE START TIME 08:000

As per starting list

Podium winners: Half an hour after the last rider finished

Event 2 Saturday: 18 September 2021 Road Race

Start and Finish at Higate Ostrich Show Farm GPS: South 33° 39' 28" East 22° 8' 9"

Age cat	Road*	TT	Start Time
Junior M	107	15	14:00
U/17 M	72	15	14:10
Junior F	72	15	14:10
U/15 M	34	10	14:20
U/17 F	34	10	14:20
U/ 11 M	15	10	15:30
U/13 M	15	10	15:30
U/ 11 F	15	10	15:30
U/13 F	15	10	15:30
U/15 F	15	10	15:30

Podium Winners: Half an hour after the last rider finished

Sunday: 19 September 2021

Event 3 MTB: XCM

Start and Finish at Higate Ostrich Show Farm GPS: South 33° 39' 28" East 22° 8' 9"

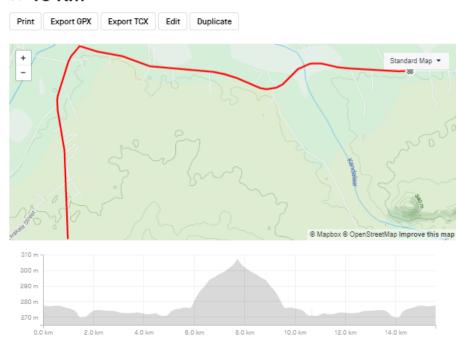
Age cat	MTB XCM	Start Time
Junior M	33 Km	08:00
U/17 M	33 Km	08:00
Junior F	33 Km	08:00
U/15 M	20 Km	08:10
U/17 F	20 Km	08:10
U/15 F	20 Km	08:10
U/ 11 M	7 Km	09:30
U/13 M	7 KM	09:30
U/ 11 F	7 Km	09:30
U/13 F	7 Km	09:30

Podium Winners: Half an hour after the last rider finished

Final Prize Giving as soon as the results are finelized.

Maps Road and TT

☆ 15 Km



• 15.57km

Distance

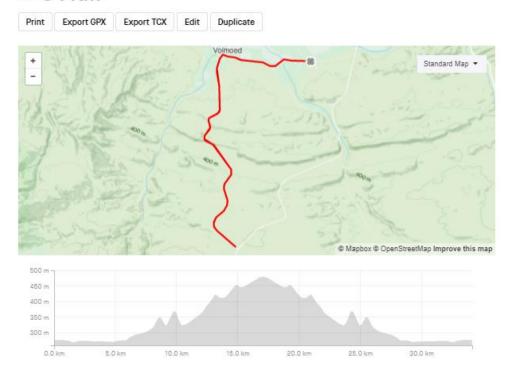
• 57m

Elevation Gain

Road

Ride Type

* 34 Km



• 34.14km

Distance

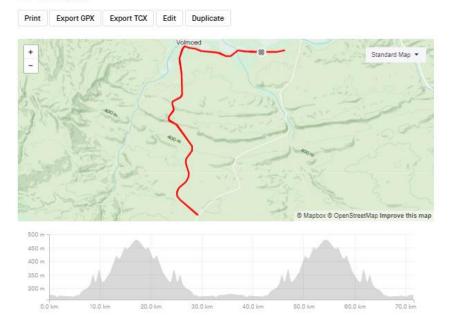
• 405m

Elevation Gain

Road

Ride Type

☆ 72 Km



• 71.57km

Distance

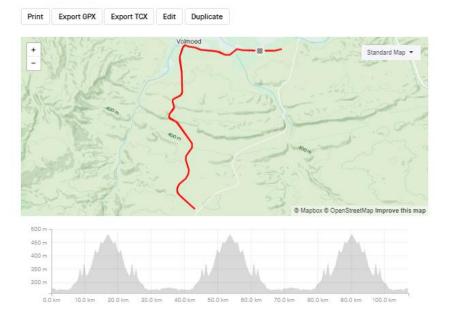
• 812m

Elevation Gain

Road

Ride Type

☆ 107 km



• 107.32km

Distance

• 1,220m

Elevation Gain

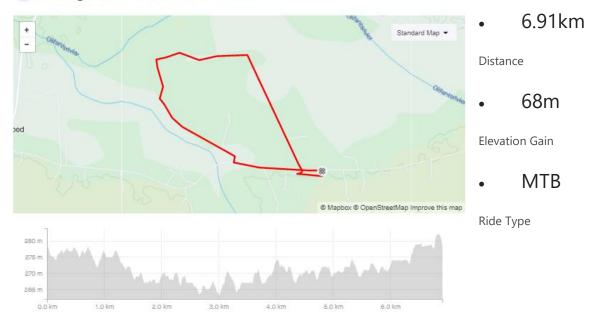
Road

Ride Type

MTB XCM

Strava Ride Route

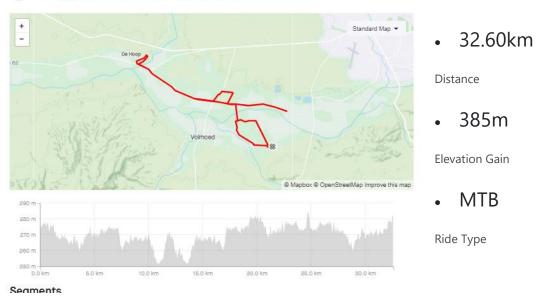
Jeugfees 2021 XCM 7km



36 Jeugfees 2021 XCM 20km



JEUGIEES LULI AUNI JUNIII



GENERAL INFORMATION

- The event will be held run under UCI and Cycling SA rules
- A deposit of R200.00 will be required for the numbers. When numbers are returned undamaged in complete sets, deposits will be refunded. If numbers deposits were paid into bank account the deposits will also be paid back in that way.
- You may be asked to produce proof of payment at registration, so please have it available.
- Gear-checks for all youth categories will be conducted one hour before racing starts. First 5 riders over the finish line are to report immediately for another gear check.
- Times may vary depending on number of participants. Times will be communicated at the manager meetings
- Keep to left side of the white median line of the road at all times. There is no full road closure.
- Participants must be a member of CSA and belong to a Cycling SA affiliated club in order to qualify for a podium position in these championships. The CSA and UCI rules will apply and the decision of the President Commissaire is final.
- Registration: 2021-08-18 06:00-13:00
- No registration on other days.

Enquiries:

Corne Bence: 071 886 3787 Karin Bence 076 341 81 58

Covid -19 Compliancy

- 1. All participants, managers and accompanying parent where there is no manager needs to be screened and provided with a colour band. The event will be hosted in a bubble and only 100 people may be inside that bubble at a given time according to the current Covid regulations
- 2. Screening will be done and bands issued at registration. Please come early as to ensure everyone is screened. Only the participants and managers will be allowed inside the bubble at the event. No one without a band will be allowed in the bubble.
- 3. No screening will be done as everyone was screened on Saturday.
- 4. Covid regulations determine that no spectators are allowed. We are trying our utmost best to minimize the parents and mangers and officials in the bubble.
- 5. Riders are asked to enter the bubble only for the purpose of getting ready to race before the race.

	Notes																																																		
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