

TECHNICAL GUIDE

OUTDSHOORN YOUTH FESTIVAL

15-17 JULY 2026



PRESENTED BY EDEN CYCLING



OUTDSHOORN
Munisipaliteit • Umasipala • Municipality



WELCOME MESSAGE FROM EDEN CYCLING ASSOCIATION PRESIDENT

On behalf of Eden Cycling Association, I would like to extend a warm welcome to all of the riders, spectators, managers and officials attending the Oudtshoorn Youth Festival 2026.

Without dedication, commitment and sacrifice, this event would certainly not have been possible. I would also like to thank our sponsors and other supporters within the community and cycling industry at large – without your much-needed dedication, support and input this event would certainly not be as success.

Wishing you all the best for this week's racing! May the wind always be at your backs and may you soar to new heights of achievement and excellence! Safe cycling and may the best rider's win!



Corné Bence

President: Eden Cycling Association

Format

Just to reiterate the objectives of the Youth Events:

1. To create an opportunity for all riders up to U/19 riders to participate on a regular basis against other riders in the country with similar abilities - not as individuals, but as a team. *The emphasis is on team and Region, not on the individual!*
2. To assist the Regions with their development and transformation goals.
3. To create venues for the younger age groups to show and develop their potential as they are no longer participating in the annual South-African Championships.
4. As the emphasis is on team and mass participation, all events will be structured in such a way that points will be awarded to every participant.
5. For Clarity: PDI riders are riders from the previously disadvantaged communities and include all non-white male riders and ALL female riders. If the male riders in the team are predominantly white, then the PDI riders must be non-white or female. If the male riders in the team are predominantly non-white, then the PDI riders must be white or female. To achieve the transformation and development objectives for Cycling SA, teams must consist of the following riders:
U11 to U19: 2 Male riders plus 3 PDI riders (Both genders MUST be present).
6. The event in Oudtshoorn will be run as follow.

- | | | | |
|-------------|---------|--------------|--|
| • Tuesday | 14 July | 17:00- 19:00 | Registration, Eden Clubhouse, Quad Club |
| | | 19:00 | Managers/Safety Meeting |
| • Wednesday | 15 July | 07:00- 08:30 | Registration |
| | | 09:00 | MTB XCO (Quad Club) |
| | | 13:00 | MTB Oval track racing (2 X Bunch Events) |
| | | 16:00 | Prize giving |

- Thursday 16 July 09:00 Criterium (Church Hall Bontebok Street)
13:00 Prize giving
- Friday 17 July 08:00 Managers and Safety Meeting
09:00 Team TT (Highgate circuit)
13:00 Road Race (Highgate circuit)
16:00 **Final Prize giving**
1 Hour after final race concluded

Rules

The event will take place according to UCI and Cycling SA rules and regulations. The Chief Commissaire appointed will make the final decision on any disputes.

Race rules for youth event.

The points system for these competitions works as follows:

1. The Road and MTB cycling events will be scored the same.
2. Points will be earned for the team, based on position.
3. All riders will contribute their points to their respective region for the Regional competition regardless of where they competed in the Team-Competition. The best team will be determined at the end of the competition by calculating the team with the most points. If the team competition comes to a draw the final positions will be determined by a count back on the following basis:
 - a) Team with the most Gold medals
 - b) Team with the most Silver medals
 - c) Team with the most Bronze medals
 - d) Team with the best average time for the riders taking part in the road race.
4. The Region with the most points in all disciplines will win the overall competition. If the Regional Competition ends in a draw, the final positions will be determined by a count back on the following basis:
 - a) Region with the biggest number of participants.
 - b) Region with the biggest number of riders with disabilities.
 - c) Region with the biggest number of female riders.
 - d) Region with the biggest number of PDI riders.
5. The best individual rider per age category, male and female will be determined by the rider with the most points. If the points are a draw final positions will be determined by a count back on the following basis:
 - a) Individual with the most Gold medals during the competition
 - b) Individual with the most Silver medals during the competition
 - c) Individual with the most Bronze medals during the competition
 - d) The rider with the least time for all events that are timed events during the competition excluding the team TT.
6. In the Team time Trial, the whole team will be awarded a point for their Region and will also count towards the Region and Region team competition. These points will not be taken into consideration in the individual results of riders.
7. The teams Team compilation is:
U11 to U19: 2 Male riders plus 3 PDI riders (Both genders MUST be present) = 5.
 The time of the 3rd rider will be taken and will be the official time of the team, provided that one of the riders is a female. All 3 riders need to be together. No points will be awarded if a female is not present and a DNQ (Did not Qualify) will be recorded.
8. **Teams for the Team TT must be handed in on the day of registration. Changes are only permitted for illness or when riders withdraw from the remainder of the competition.**
9. In the Team TT no coaching will be permitted. Team managers, coaches or parents who make themselves guilty of such act, will be duly fined and a DNQ (Did not Qualify) will be recorded for such team(s).

10. Points will be awarded as such:

- Position 1-5:
- a. 1 = 10
 - b. 2 = 8
 - c. 3 = 6
 - d. 4 = 4
 - e. 5 = 2

All positions after this will earn 1 point.

- 11. Riders older than U19 years will be allowed to participate in the event on condition that he/she is still attending school and provide proof thereof, by means of a valid CEMIS Certificate or declaration from his/her current school / principal. This rider will be on the results sheet but will not be eligible to receive a podium position.
- 12. The riders participating must be an RSA citizens.
- 13. In the Road races MTB's will be permitted to participate.
- 14. The race organizer is at liberty to change or alter the routes as to ensure the safety of the riders.
- 15. No specialized equipment is allowed for the age groups U11 to U15.
- 16. No spectator cars will be allowed to drive up and down the TT route road. For the U/11 and U/13 riders exemptions would be considered with the permission and arranged with the race Commissaire.
- 17. Body numbers to worn for all events (MTB and Road)
- 18. Rules and seclude may be changed or adapted to conform to coved regulations.

Distances and time duration might vary slightly depending on road availability and safety!

Event Staff

Event Organiser

Eden Cycling

Race Director

Corné Bence

President of Commissaire Panel

Heinrich Gryffenberg

Race Secretary & Results

Safety Officer

William De Bruin

Activation

Commissaires and Officials

See attached list

Medical Contact Information

Oudtshoorn Medi-Clinic

Physical Address

185 Church Street, Oudtshoorn, 6620

24 Hour Emergency Centre

GPS Co-ordinates

33° 35' 11.94" S

22° 11' 7.28" E

Tel no 044 272 0111

Oudtshoorn Hospital, Park Road, Oudtshoorn, Tel Nr 044 203 7200

Event Medics:

Wednesday:15 July 2026

Event 1 MTB XCO

Start and finish is at Oudtshoorn Quad Club

CATEGORY	DISTANCE	START TIME
Nippers - Boys & Girls	2 Short Route laps	09h00
Sprogs - Boys & Girls	3 Short Route laps	
Sub Junior - Boys & Girls	2 laps	
Youth- Men	3 laps	
Youth- Women	3 laps	
Junior Women	3 laps	
Junior Men	4 laps	
RESULTS AND PRIZE-GIVING:	After race at the Oval Track	

Event 2 MTB: OVAL TRACK

Short bunch race

This bunch race often provides excitement. The bunch rolls over the start line and the racing starts as the start pistol is fired. Sprinters and endurance riders fancy their chances in this one. The endurance riders will often try to break away early to upset the sprinters. The rider that crosses the line first after the distance of racing wins.

Category	Distance	Start time
U/11Boys, U/11 Girls	500 m	13:00
U/13 Boys,	500m	
U/13 Girls	500m	
U/15 Boys	1500m	
U/15 Girls	1500m	
U/17 Boys	1500m	
U/17 Girls	1500m	
Junior Ladies	1500m	
Junior Men	1500m	

Event 3

MTB: OVAL TRACK

Scratch Race

A scratch race is a race in which all riders start together and the objective is simply to be first over the finish line after a certain number of laps. There are no intermediate points or sprints.

Category	Distance	Start time
U/11Boys, U/13 Girls	1 Km Scratch race, 2 Laps	13:40
U/11 Girls	1 Km Scratch race, 2 Laps	
U/13Boys, U/15 Girls	2 Km Scratch race, 4 Laps	
U/15 Boys, U/17 Girls	5 Km Scratch race, 10 Laps	
U/17Boys, Junior Ladies	10 Km Scratch race, 20 laps	
Junior Men	10 Km Scratch race, 20 laps	

RESULTS AND FINAL PRIZE-GIVING: One hour after last race took place.

Thursday: 16 July 2026

Event 4

CRITERIUM

CRITERIUM RACING

The Criterium racing takes place from the VG Church Bridgton on a 1,37 km challenging circuit. The Crit starts in Bontebok avenue, anti clockwise to 5th Avenue, Springbok road and Zebra road.

Crit timings will be:

CATEGORY	DISTANCE	START TIME
U17 Boys Heats	10 Minutes + 1 Lap	09:00
Junior Men Heats	10 Minutes + 1 Lap	
U11 Boys, U11 Girls and U13 Girls	10 Minutes + 1 Lap	
U13 Boys and U15 Girls	15 Minutes + 1 Lap	
U15 Boys and U17 Girls & Junior ladies	20 Minutes + 1 Lap	
U17 Boys	25 Minutes + 1 Lap	
Junior Men	30 minutes +1 Lap	

Groupings and Times can change depending on rider figures.

RESULTS AND PRIZE-GIVING: After last race.

Friday: 17 July 2026

Event 5 Team Time Trial

CATEGORY	DISTANCE	START TIME
Junior	15 Km	From 09:00
U17	15 Km	
U15	9.5 Km	
U13	9.5 Km	
U11	9.5 Km	

No spectator cars will be allowed to drive up and down the TTT route road.

Event 6 Road Race

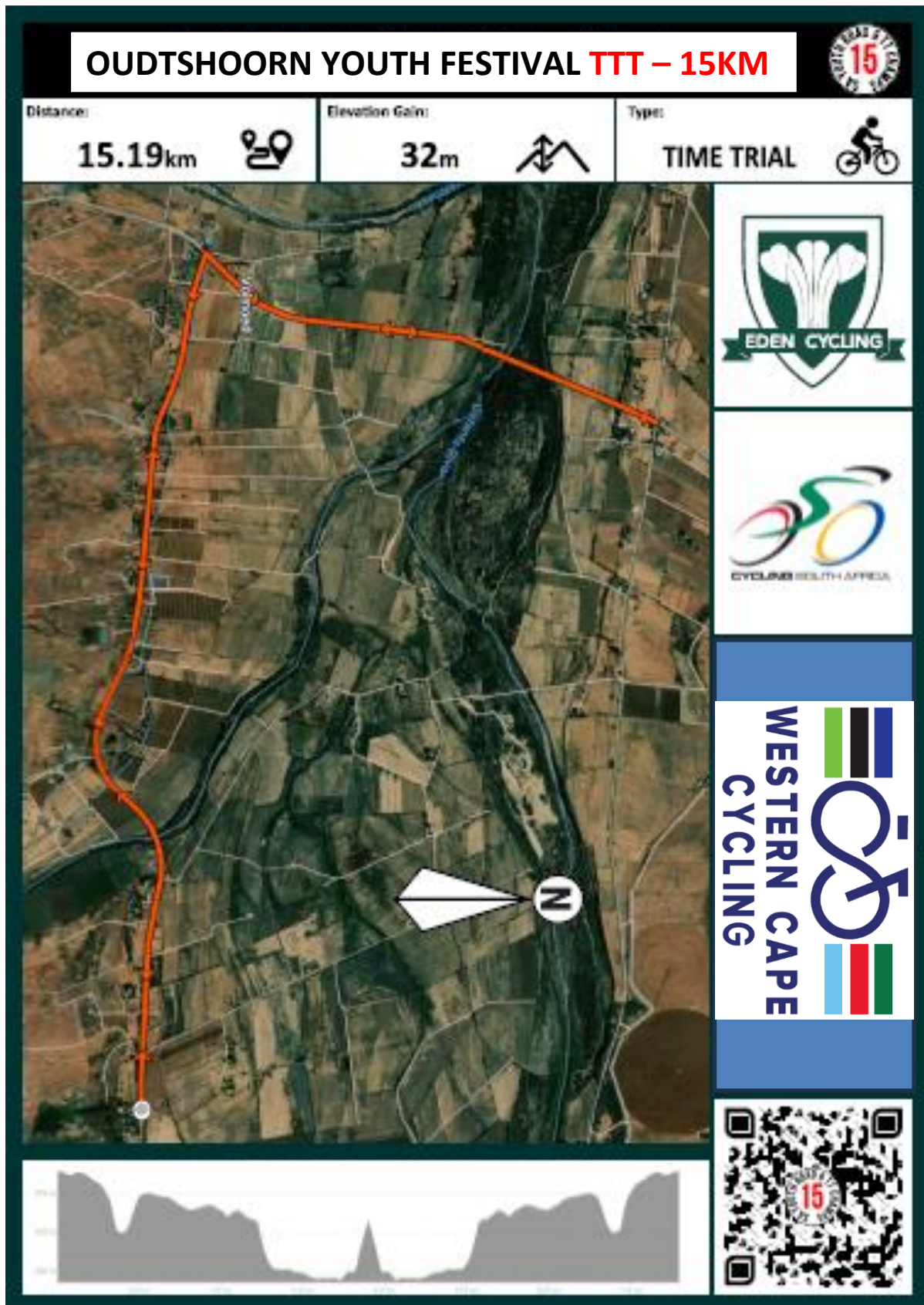
Start and Finish at Highgate Ostrich Show Farm
GPS: South 33° 39' 28" East 22° 8' 9"

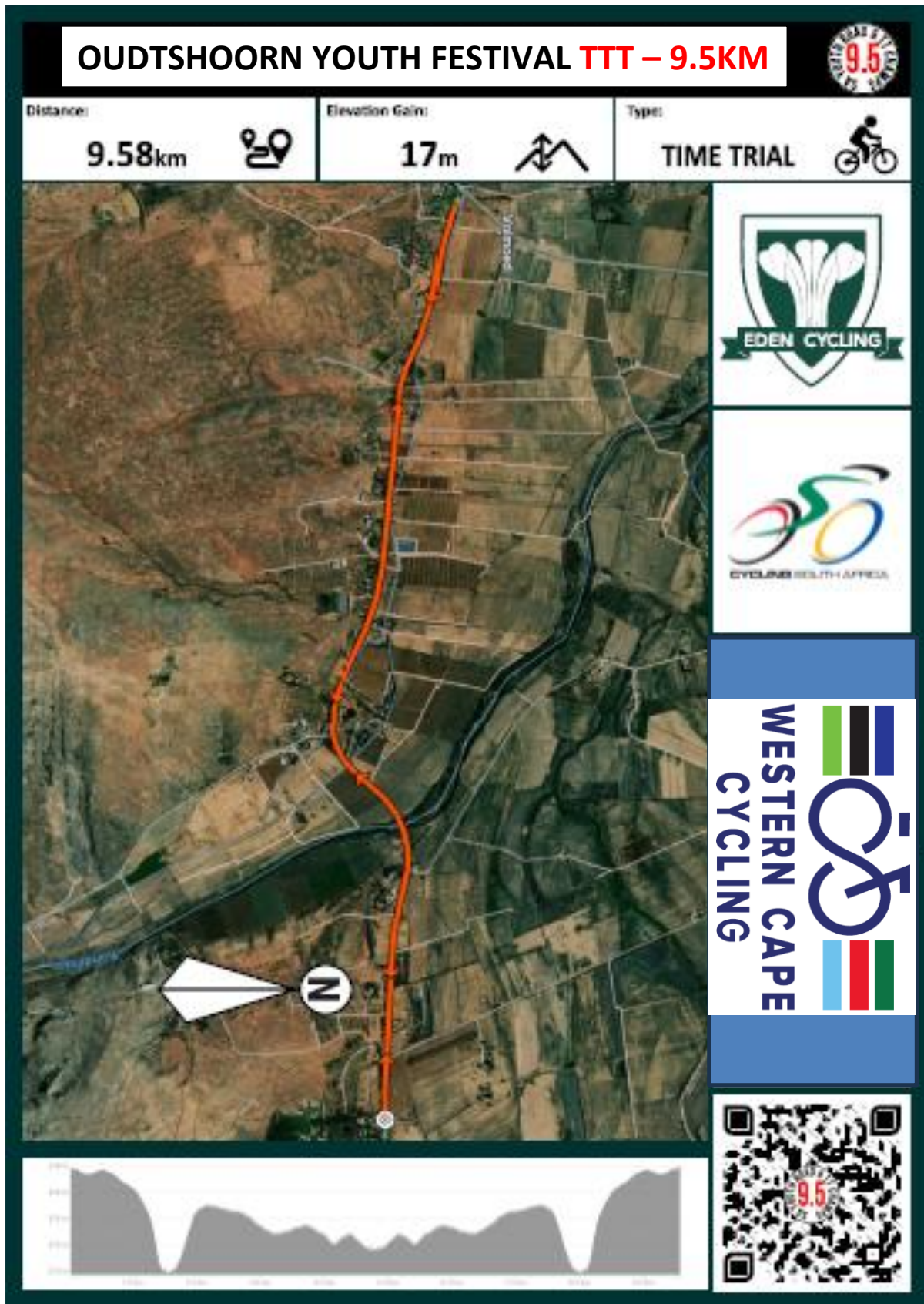
CATEGORY	DISTANCE	START TIME
Junior Men	80 2 laps of 39 km	13:00
U/17 Boys & Junior Ladies	80 2 laps of 39 km	13:05
U/15 Boys & U/17 Girls	40 1 lap	13:15
U/15 Girls & U/13 Boys,	20 1 Lap	15:30
U/13 Girls, U11 Boys & Girls	20 1 Lap	15:35

RESULTS AND PRIZE-GIVING: 30 minutes after last rider finished

Maps









OUTDSHOORN YOUTH FESTIVAL ROAD RACE 40KM

Distance:

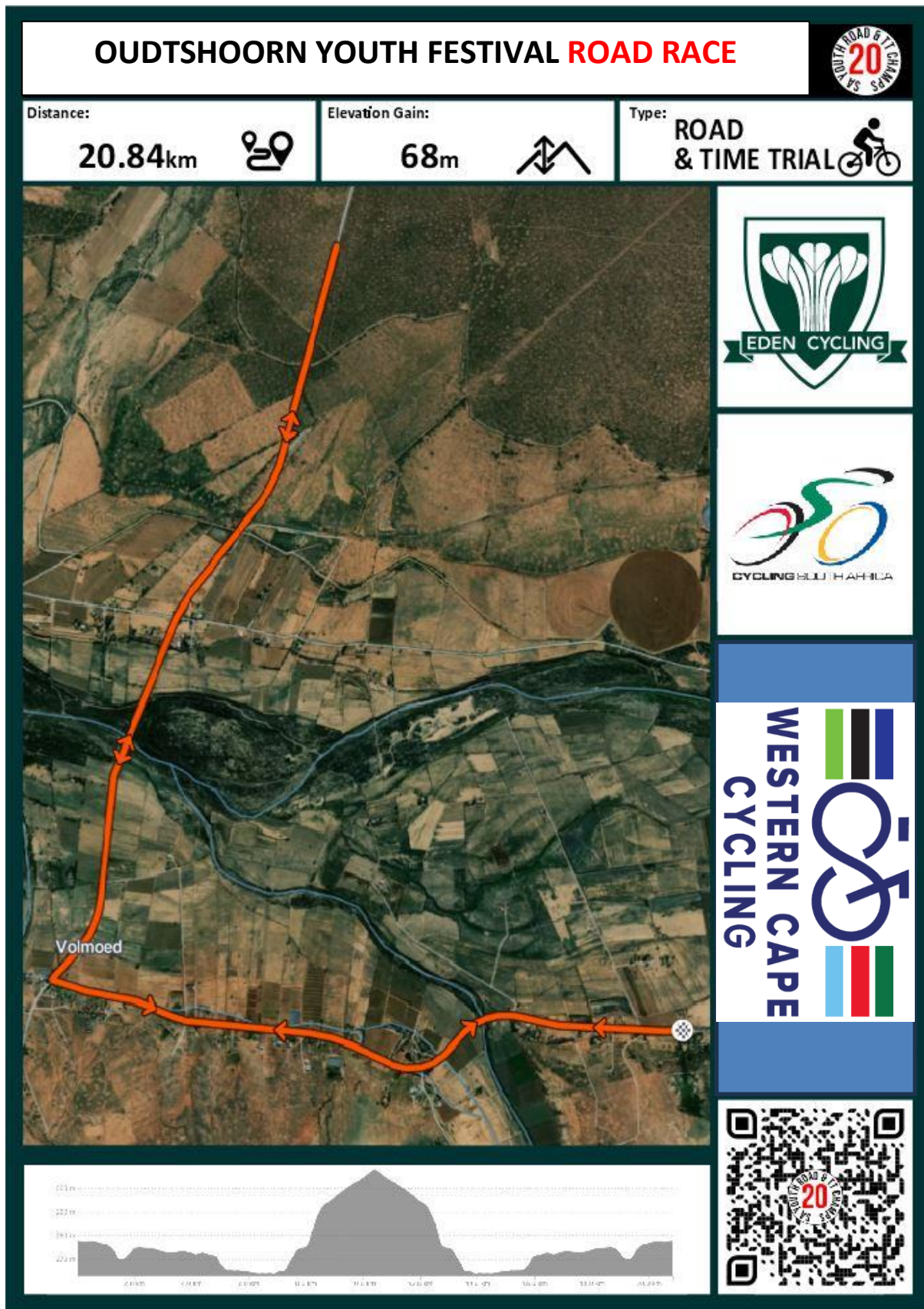
39km

Elevation Gain:

412m

Type:

ROAD



XCO Course

XCO Long

Mountain Biking Trail

★ Saved

Edit

Details

📍 5.39 km

📏 75 m

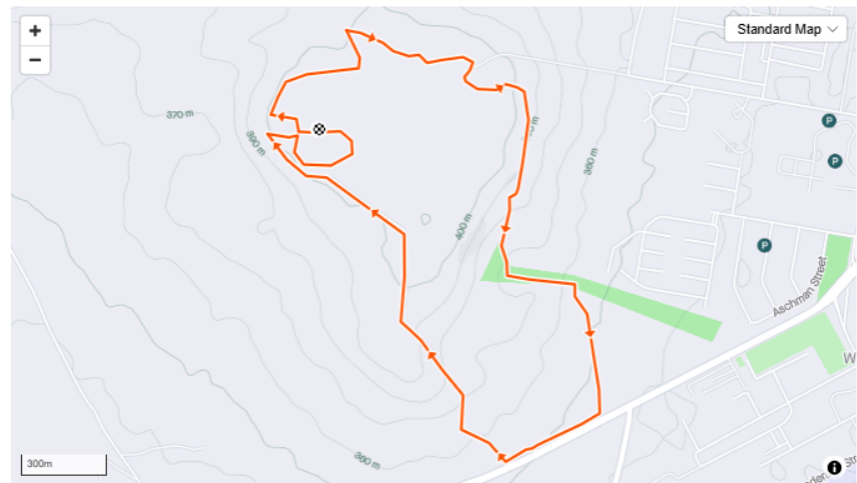
🕒 20:07

CREATED BY

Louis Visser
July 5, 2023 · Public



Route and Elevation



XCO Short Course

XCO Short

Cycling Route

★ Saved

Edit

Details

📍 2.85 km

📏 24 m

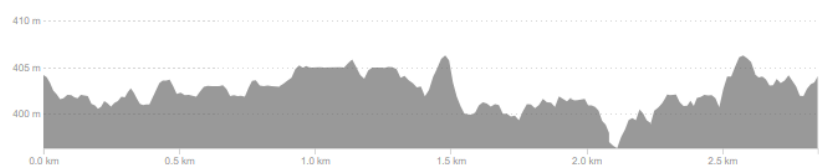
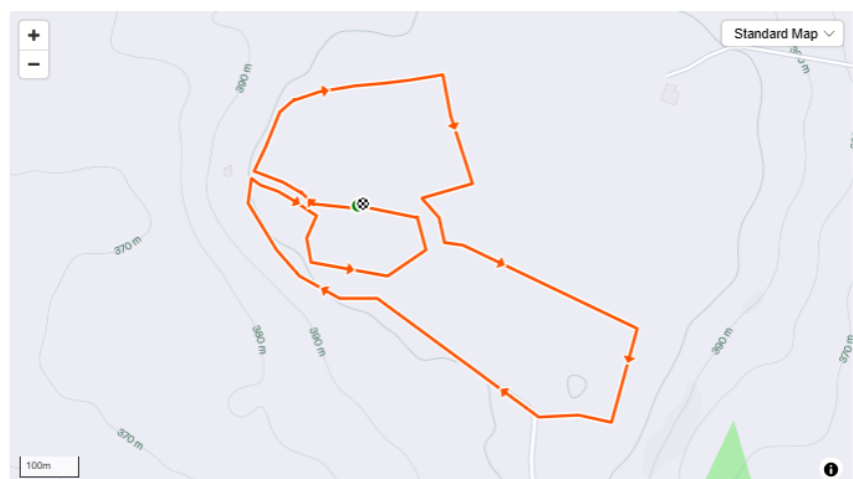
🕒 7:05

CREATED BY

Louis Visser
July 5, 2023 · Public



Route and Elevation



GENERAL INFORMATION

- ❖ **Entries.** Entry fee **R450** for the event. Entry form on next page. *Number deposits separately in CASH.*
Account Details:
Eden Cycling Association, ABSA, Cheque account, Number 402 673 3285 Ref Rider Name and surname.
- ❖ **Online entries will close on Thursday 9 July 2026 at 18h00.**
- ❖ **A CASH deposit of R200.00 will be required for the numbers. When numbers are returned undamaged in complete sets, Deposits will be refunded. If number deposits were paid into bank account the deposits will also be paid back in that way.**
- ❖ The event will be held run under UCI and Cycling SA rules.
- ❖ The numbers must be worn in every event including the MTB, ITT and Track. No MTB numbers will be provided.
- ❖ You may be asked to produce proof of payment at registration, so please have it available.
- ❖ Bike inspection for all youth categories will be conducted one hour before racing starts.
- ❖ The use of Time Trial bicycles and/or equipment in not allowed in road races and also not for age categories U15 and younger in time trials.
- ❖ All wheels must confirm to the UCI's list of approved wheels. Young rider's wheel depth may not be greater than 50mm.
- ❖ Times may vary depending on number of participants. Times will be communicated at the manager meetings.
- ❖ **Keep to left side of the white median line of the road at all times. There is no full road closure.**
- ❖ Participants must be a member of CSA and belong to a Cycling SA affiliated club in order to qualify for a podium position in these championships. The CSA and UCI rules will apply and the decision of the President Commissaire is final.
- **Registration:** Monday:14 July @ 17:00- 19:00 and Tuesday 15 July 07:00- 08:30 at Eden Cycling Clubhouse, Quad Club
- ❖ **No registration on other days. Managers to collect all the numbers at registration or make an arrangement with Karin Bence, Cell 076 3418158**
- ❖ Enquiries:
 - ❖ - Corne Bence: 071 886 3787
 - ❖ - Karin Bence 076 341 81 58

Notes

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Personal Information (Only 1 cyclist per entry form)